

BUSSEI SCRIPT

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Na Man Da Bu - Mental Floss

By Rev. Dr. Kenji Akahoshi, Resident



I was a dentist for over 30 years. It was my job to detect disease in teeth, gums and the mouth. I was trained to treat these deficiencies by eliminating the disease and to restore the teeth, gums, or mouth to a state where healing could occur. An important aspect of this responsibility was to also instruct my patients to prevent the recurrence of these diseases. Many of my patients benefitted from my instructions to prevent future problems. However, there were also many patients who somehow did not respond to this dental education. It is ironic that despite my attempts to prevent disease, these patients ignored or could not follow basic instructions that could have prevented future treatments. They often complained of the high cost of dental repair.

Under most conditions, if a person follows good dental hygiene and a healthy diet, extensive dental treatment can be avoided. In my own childhood and prior to dental school, I was ignorant of these factors of good dental health. Almost all of my teeth had fillings or crowns. However, since I graduated dental school, I had only one case of decay. I did not receive an immunity from dental decay with my diploma. I just followed the instructions that I gave my patients to keep my mouth healthy. By routinely eliminating plaque from my teeth and restricting certain sugars, my oral health is maintained, except for general wear and tear. I don't have to rely on special products nor treatments to do this.

I find a similarity with the Teachings of the Buddha. The Buddha has outlined the causes and conditions that determine a healthy or diseased life. Of course, our life condition is much more complex than our oral condition. But the fundamentals are the same. As a dentist, I shared my knowledge of the factors that result in good health. The Buddha shared his knowledge and wisdom on the causes of a good and healthy life and the causes of a diseased and troubled life. Those who take responsibility to listen, to hear, and to align their thoughts and conduct with the Buddha's truth seem to enjoy life, regardless of their physical or social conditions. Those who place the causes of their situation on others, continue to complain about how unfair life seems to be.

The Buddha's Dharma or Teachings of true and real life is a guide to align our heart/minds with the natural dynam-

ics of life. For 2,500 years, these Teachings have influenced cultures and societies throughout the world. Buddhism is renowned for its emphasis on logical thought, harmony, and creative inspiration. Many Americans are discovering the benefits of the Buddhist practices of meditation and mindfulness in improved health and daily attitude. We Shin Buddhist have the added benefit of being embraced by the spiritual depth of the Buddha's Truth. Sometimes we are confused by alternative stories by people who have a shallow understanding of life. So, the Buddha cautioned us to listen carefully with deep hearing. In Shoshinge, Shinran reminds us that even though the clouds and mists of negative attitudes cover the sun, beneath the clouds there is brightness, not dark. Wisdom and Compassion surrounds us, but often our near-sighted ego-centric eyes keep us from seeing the beauty of life that showers us.

Deep hearing means that we filter out the noise of false claims and tweets to appreciate that which has merit. In dental health, those who brush, floss, maintain good hygiene and follow a healthy diet enjoy great oral health with fewer treatments. However, there are others who failed to hear and comply with the basic truths of prevention. They complain about the difficulty of flossing teeth and also complain about the high cost of treatment that they could have prevented. Ignorance has its costs.

The Three Treasures remind us that it is rare, difficult, and wondrous to have human life and to hear the Teachings of the Buddha. Yet, now we live life and hear the Teachings. How difficult is it to shift from our focus on "please," a desire for what I don't have? Let us seek out and appreciate the many things that we do have, "thank you." Those who have listened and have practiced deep hearing report that life is better. They experience the brightness under the clouds that hide the sun. "Na Man da Bu" is the mental floss that keeps our lives free of the destructive decay that threatens to erode our lives.

In our complex world, it is often confusing to determine our true condition. Consider the sources that describe our reality. It is worth the effort to hear the deeper truths of the Buddha's Dharma. "Na Man Da Bu" is the truth that has made our lives possible.

Gassho, Kenji Sensei

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October 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Office Closed	2	3 Crafts, 10 am, DR Minyo, 12 noon, SH Shigin, 1 pm, CR Taiko, 6:30 pm, AH Buddhism 1-2-3, 7pm, SH	4 Tai Chi, 10 am, AH	5	6 So. Dist./BWA Conf. at L.A. Betsuin. Host: Venice BTSD-VFW Bingo, 6 p
7 DS Staff Mtg, 9 am, CR DS/FS/Shotsuki, 10 am BWA Mtg, 11:45 am, CR Taiko, 12 noon, AH	8 Office Closed Ways & Means Mtg, 7 pm, CR	9 SD Minis- ters Mtg. at L.A. Betsuin, 10 .am	10 Minyo, 12 noon, SH Shigin, 1 pm, CR Taiko, 6:30 pm, AH Buddhism 1-2-3, 7 pm SH	11 Tai Chi, 10 am, AH BOD Mtg, 6:45pm, CR	12	13 BWA Delegates Conf. at Fresno Dharma Ctr. JAHSSD Mtg./Kansha Award, 10 am, AH
14 Chanting Practice, 9:15, H DS/Family Service 10 am Taiko, 12 noon, AH	15 Office Closed Nov. articles deadline	16	17 Crafts, 10 am, DR Minyo, 12 noon, SH Shigin, 1 pm, CR Taiko, 6:30 pm, AH Buddhism 1-2-3, 7pm. SH	18 Tai Chi, 10 am, AH	19	20 Koto, 9:30 am, SH Kenji Sensei's vacation (through Oct. 30)
21 DS/Family Service, 10 am Okinawa Kenjin-kai, 12 AH	22 Office Closed	23	24 Minyo, 12 noon, SH Shigin, 1 pm, CR Taiko, 6:30 pm, AH Buddhism 1-2-3, 7pm, SH	25 No Tai Chi Today Activities Mtg, 7pm, CR	26	27
28 Intro to Buddhism, 9 am, SH DS/Family Service, 10 am DS Halloween Party, 11 am	29 Office Closed	30	31 Minyo, 12 Noon, SH Shigin, 1 pm, CR Taiko, 6:30 pm, AH Buddhism 1-2-3, 7pm SH	<p>Looking ahead to November: 3 -- SDDSTL Mini Workshop at BTSD, 9:30 a.m. 4 -- November monthly memorial service, 10 a.m. 10 -- Benefit Chili/Rice dinner, 4:30 to 5:45 p.m. 11 -- Etaikyo Service: Guest minister: Rev. Zukei Taniguchi, 10 a.m. 18 -- Film presentations: "From a Silk Cocoon" and "Children of the Camps"</p>		



PRESIDENT'S MESSAGE

By LuAnn Lee, Board President

Last month I mentioned all the fundraising events we had during the summer especially in August. Every weekend we were prepping and working on the events.

On August 26th, we had our annual Golf Tournament. Thank you to the Chairs of the Tournament Ralph Honda, Ron Yagura and Rich Kaneko. They did a super job and it showed with the golf tournament raising a record amount (the exact amount will be forthcoming). Also, many thanks to the volunteers that woke up extra early to be at the golf course by 6 am, and some even earlier. A big shout out to our sponsors and monetary/raffle donors. We appreciate the golfers that supported this event and hopefully they had a good time.

After the Labor Day weekend, we had one of our delicious spaghetti dinner in conjunction with the VFW/BTSD Bingo night. Thank you to Tad, Lina and Trina Muraoka for making the ever so popular spaghetti sauce along with the dedicated crew of Nancy M, Glenn T, Mildred K, and Laura Y that prepped, served and cleaned. This event netted close to \$500. We hope all that purchased a dinner enjoyed it and thank you for your constant support.

I missed the BEC Lecture featuring BDK's Dr. George and Willa Tanabe, Ohigan service and potluck but heard they were all well attended, and the food was plentiful and as always, delicious. I hope all the Keiro Kai recipients enjoyed the lunch and your gift provided by the Junior YBA (thank you Jr. Y) and Thank you to Bill and Joyce Teague for setting up the tall "Japanese Buddhist Temples on Hawaii" displays that I'm sure everyone enjoyed. Thank you to Sensei for taking care of the service portion. Appreciation to brother Glenn for filling in at the service, Laura Yoshida for taking care of the main dish and potluck along with Karen Okuhara and Mildred Kawasaki, Nancy Martinez for cooking the rice, Gregg Yonekura and Juniors for taking care of the tea and to all that helped along the way especially with clean up.

You may have heard that we are receiving a large decorative Dharma Wheel for the outside of the temple — a gift from the Cleveland Buddhist Temple. The board approved \$800 for the removal, packing and shipping of this 50-year-old gem. The colors are blue and some gold which really fits our temple and happi coats. We are requesting for donations from our Sangha to thank Cleveland B.T. for giving us the opportunity to provide a new home for the Dharma Wheel. For more details, please see Ralph, myself or any board member (*article on page 8*).

I'm thankful that our temple continues to be steady in their membership and although growth is slow, I am hopeful we can improve and provide what people are looking for in a temple whether it be social and or a religious connection. Remember to share any ideas of how to improve our outreach effort to other new Buddhist.

In Gassho, LuAnn Lee

BOARD HIGHLIGHTS

The Board of Directors met on Sept. 13th –

1. A donation to the Cleveland Buddhist Temple was approved. It is anticipated that the Dharma Wheel will be shipped soon and will be mounted on the elevator tower. The Board expressed appreciation to the Cleveland Buddhist Temple Sangha for this gift.
2. The temple has two representatives serving on the Board of Directors of the Kiku Gardens Corporation. Nancy Martinez was approved to complete the term of Steven Tomiyama who will be retiring. Michael Kinoshita serves as the temple's other representative.
3. The Board was updated on this year's fundraising activities. Affiliated organizations and temple committees provided reports
4. The BTSD Taiko group will perform at North Island's Coronado Asian Festival.
5. The Board approved Rev. and Mrs. Akahoshi's attendance at the Japan Society of San Diego and Tijuana's Annual Gala. The temple is one of the Society's non-profit members.

BWA NEWS

The BWA will be supporting the Arigato Obaachan fund to raise money needed to fund the 16th World BWA conference in San Francisco. We encourage everyone to donate to this fund raiser and honor your mother or grandmother who worked so diligently for the Fujinkai (now renamed Buddhist Women's Association). If the donation is made before December 3, 2018, there will be a leaf with the honoree's name posted at the World BWA conference.

Aki, Suz, and Kiku attended the Federal BWA conference in Visalia. We met new attendees and became reacquainted with old friends. On Friday, we went on a farm tour to be educated on all the products that they grow in the Visalia area. It was a very informative tour. Of course, we shopped at the Naturally Nuts shop at the end of the tour.

The BWA brittle sale will be starting and we will try to have them ready for sale soon. The items that we will offer will be Almond brittle, brittle popcorn and the smaller 5-ounce brittle. These make great gifts for the holidays and are just yummy to enjoy. Prices will be determined on what the cost will be to purchase these items. Info will be forthcoming.

Craft Days

October 3 & 17,
10am - 2 pm BTSD Dining Room

Join us for some crafty fun,
good conversation and great memories!
Bring a dish to share for
the pot-luck!



DHARMA SCHOOL NEWS

Our first day was on Sunday, September 9 and it was so nice to welcome back Dharma School students. They seem to look a little taller. I have received some of the students' registration and Parental/Medical Consent forms. Parents, if you haven't yet, please return these forms to your child's Dharma School Teacher as soon as you can. We will be continuing our Fruit and Floral offering this year. The teachers will inform their students when it will be their turn.

I, along with a few members of the temple and Buddhist Women's Association, will be attending the Southern District Conference on Saturday, October 6. It will be hosted by the Venice Buddhist Temple and held at the L.A. Bet-suin. The theme is "*The Social Face of Buddhism.*"

Halloween is just around the corner. Our DS Halloween Service will be on Sunday, October 28 at 10 a.m. with the Halloween Party to follow. More information is to come.

On Saturday, November 3, we will be hosting the Southern District Dharma School Teachers League Mini Workshop and meeting. Sara, Jamie and Kimy have been working to put the workshop part together while the rest of us are working on the little details of the event.

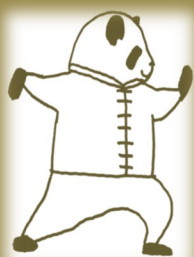
Our next staff meeting will be on Sunday, October 7 at 9:00 am in the conference room.

In Gassho,

Avis Honda, Superintendent

MEMBERSHIP: JOIN AT ANY TIME

If you want to join the rest of us in supporting the Temple in its efforts, one of the best ways is to become a member. Applications are available from the office, our website, or by contacting the Temple by email or phone. You can start paying dues from the time you join on a monthly basis or prorated based on the time left in the year. We can automate payments via most debit or credit cards, or help you set up direct deposit. Monthly payments help with household budgets. Temple dues are tax deductible to the furthest extent of the law. Your application will be reviewed and considered by the Temple Board and you will hear from us without delay. Call the office to have the membership form mailed to you.



Please join us in a peaceful and relaxing atmosphere for

Tai Chi

Thursdays from 10 - 11 a.m.
In the Annex Hall
Oct. 4, 11, 18
No Class on the 25

BUDDHIST EDUCATION IN OCTOBER

Your Buddhist Education Committee continues its programs in October, and we invite you to chill out at Buddhism 1-2-3 Wednesday nights or brush up on the basics of Buddhism in the World, the United States and San Diego at our Fourth Sunday. October 28th will be the next class, held in the Sangha Hall at 9 a.m. preceding the service. The stand alone class lasts one hour.

Buddhism 1-2-3 also meets in the Sangha Hall at 7 p.m. on Wednesdays and lasts about 90 minutes to allow for chanting, meditation, and Dharma discussion. Kenji Sensei personally oversees the first two sessions of most months.

JAPANESE BUDDHIST TEMPLES IN HAWAII PRESENTATION HELD IN SEPTEMBER

Thanks to all who attended and supported this lecture and slideshow with Drs. George and Willa Tanabe on September 15 In the Annex Hall. All eleven related banners (with photos and captions related to the presentation) were shown. The audience ranged from Temple members to members of the community and much-appreciated Tibetan nun Karma Lekshe Tsomo. (Dr. Tsomo is a former student of George Tanabe from her University of Hawaii days)

Along the way we learned about many consistent approaches across the Japanese presentation of many Buddhist sects as well as the social history and demographics that resulted in multiple styles of Temples in the Island State.

At least 35 folks were in attendance, and both George and Willa appreciated the response and after told me they enjoyed their visit over the Ohigan weekend. (George was an insightful guest speaker at the Sunday service, exploring issues of tradition and survival in Japanese Buddhist sects in the United States.)

At the Saturday lecture the Drs. Tanabe concluded the slideshow by taking questions from the audience, with some members who had lived in Hawaii asking about specific locations they knew personally. After the presentation, guests enjoyed a modest but heartfelt reception of tropical fruit, macadamia nut candies, cookies, and other treats. A small supply of the Tanabes' book, *Japanese Buddhist Temples in Hawai'i, an Illustrated Guide*, were quickly sold out at the event. The book can be ordered directly from the publisher at the University of Hawaii Press.

Banners were displayed in various locations in the main Temple building the week prior to the event and remained on display in the Annex Hall through the following Sunday for the benefit of the Sangha.

Lastly, a big thank you to some of the volunteers who helped with preparing for the event and helping to clean up: Karen Akahoshi, Nobuko (Angi), Tim Kajita, Nancy Martinez, Karen Watanabe, Yukari Williams, and Laura Yoshida. Apologies to folks whose names I missed!

Respectfully submitted,
Bill Teague,
Buddhist Education Committee

DONATIONS

The Buddhist Temple of San Diego is grateful to the following individuals and organizations for their recent donations to the Temple and its affiliated organizations. "IMO" means "In memory of." For a correction, please inform our Admin. Assistant at 619-239-0896 or info@btsd.net.

BUDDHIST TEMPLE

Onaka, Jun - Donation,
49th Day Mem. Service -
Mrs. Yoko Onaka
Kawasaki, Kiyoshi & Itsuko -
In Appreciation - Keiro Kai
So. Dist. BCA Council Mtg.
Kubota, Hiroshi - Service for
Sakayo Kawamoto
Sugiyama, Yukiko
IMO Yasuyuki Sugiyama
Koga, Florence
Ishisaki, Emiko
Kawamoto, Yukio & Mitsu
25 year Service for
Sakayo Kawamoto
Hara, Ruby
Oniishi, Esther
Estes, Toshiye

DHARMA SCHOOL

Seymour, Leslie
Sakai, Jeffery
Rubio-Torres, Arturo
Yamamoto, Kengo

FLORAL OFFERING

Seymour, Leslie
Negoro, Glenn
Sakai, Jeffery

GEN. MAINTENANCE

Seymour, Leslie
Sakai, Jeffery

GOLF TOURNAMENT

Tanaka, Richard
Takashima, Goodwin DBA
Yamamoto, Hisashi and Jane
Yanagihara, Sumiko
Tom, Karen and Roy Okuhara
Otsuji, Dennis
Benson, Agnes
Honda, Mikiye
Honda, Ralph and Avis

Yagura, Ronald and Sheila
Sato, Steve
Tomiyama, Alan
Hill, Ed and Miyo
Kaneko, Richard and Ruth
Kawasaki, Trace and Mildred
Hashiguchi, John and Tsune
Terada, Keiju
IMO Rev. Koju Terada
Tsuneyoshi, Motoo and Angie
Yamamoto, George and Ann
Kuwada, Howard and Kaneko
Tomiyama, Alan and Akiko
Otsuji, Dennis and Elaine
Iwashita, Edward Yuki
Morinaka, Barry
Yonekura, Roy and Susan
Iwashita, Setsuo and Jan
Muraoka, Roy, Tad and Ken
Sycuan Casino
Sushi Ota, Mr. Yukita Ota
Himaka, Gary

MAP

Kajita, Timothy & Junko
Akahoshi, Rev. Kenji & Karen

MEMBERSHIP PLEDGES

We thank the following individuals/families for their renewals
Pangelinan, Roque
Rubio-Torres, Arturo

OHIGAN

Kawasaki, Kiyoshi & Itsuko
Kodama, Jay
Hendrix, Hiroko
Hidinger, Holly
Spears, Margo
Shigehara, Wilbur
Graeber, Kikue
Ohara, Fumiko
Moriyama, Chieko
Sugiyama, Yukiko
Yonekura, Roy

Sugiyama, Chiyeko
Jones, Mikako
Otsuji, Dennis
Nogata, Yuriko
Kuwada, Howard Kanji
Suyenaga, Mary
Oto, June
Masumoto, Chiyoko
Benson, Agnes
Morikawa, Kazuhiko
Monji, Yoshiko
Tsuji, Masako
Yamamoto, Kengo
Torio, Betty
Tomiyama, Sayoko
Tomoi, Irene
Kawamoto, Yukio and Mitsu
Morinaka, Asako
Sasaki, Lorin
Kida, Katsumi
Honda, Mikiye
Negoro, Glenn
Hashiguchi, John
Yanagihara, Sumiko
Ogasawara, Arikazu
Smith, Maribeth "Smitty"
Tsuneyoshi, Motoo
Ong, Mike
Torio, Glenn
Okuhara, Roy
Yamada, Jean
Yamada-Amos, Karen
Tanaka, Terry
Hill, Miyo
Kawasaki, Mildred
Yagi, Chiyeko
Martinez, Nancy
Voorhies, Ruth
Yamamoto, Hisashi

Omori, Shirley

OSEIBO

Yamamoto, Kengo

SCHOLARSHIP FUND

Schuette, Elizabeth
Seymour, Leslie

SHOTSUKI HOYO

Tomiyama, Sayoko
Yanagihara, Sumiko
IMO Tom Yanagihara
Tomiyama, Steve
IMO Noboru Tomiyama
IMO Kiichiro Osaki
Kawamoto, Yukio and Mitsu
IMO Tamio Mayumi
Yanagihara, Sumiko
IMO Rev Jim Yanagihara
Nakano, Judith & Wayne
IMO Yasuyuki Sugiyama
Himaka, Gary & Karen
IMO Yasuyuki Sugiyama
Himaka, Michio
IMO So Yamada
IMO Rev Jim Yanagihara
IMO Yas Sugiyama
Kashima, Jeanie
IMO Rev Kashima
Honda, Mikiye
Yonekura, Roy
IMO Noboru Tomiyama
IMO Kiichiro Osaki
Sugiyama, Chiyeko
Yamashita, Emiko
IMO Shozo Yamashita
Hashiguchi, John
IMO Tom Yanagihara
IMO Jim Yanagihara
Benson, Agnes



SCRIP NEWS

We hope everyone had a wonderful summer and that you are now back in the swing of things.

It's not too early to start making lists for Halloween, Thanksgiving, and Christmas. If you need to buy candy for Halloween or the fixin's for Thanksgiving, we have scrip for grocery stores as well as Smart & Final, Target, and Walmart. Before you know it, the Christmas season will be upon us. Looking for gifts-think about giving gift cards to the person's favorite store or restaurant.

Have a sweet, spooky, fun-filled Halloween!

Congratulations!

Temple members, Dave & Katie Iwashita announce a new addition to their family; Charlotte Aiko joined older brother Mark (7) and Molly (4) on June

23rd, weighing in at 8 lbs. Charlotte attended her first Bon Odori at Temple on July 29, getting in one

dance before falling asleep in Bachaan's arms.





OCTOBER SHOTSUKI LIST

The October Shotsuki Hoyo (MEMORIAL SERVICE) will be held Sunday, October 7, 2018 at 10:00 a.m. in conjunction with the Family Service. Families and friends of anyone who passed away during the month of October are urged to attend and offer incense. If there are any errors in the list, please notify the temple at (619) 239-0896 or e-mail info@btsd.net.

DECEASED

FAMILY MEMBER

Ikichi Ito (10-25-1930)..... Ito Family
 Itsuemon Tanaka (10-9-1939)..... Dr. Brian Tanaka
 Yasaku Nakamura (10-29-1945) Yukiko Sugiyama
 Tatsujiro Yonekura (10-18-1947) Yonekura Family
 Masaichi Yamada (10-21-1950) Yamada Family
 Sueichi Azuma (10-25-1950) Shizuka Azuma
 Ito Fukamizu (10-11-1959)..... Ninomiya Family
 Jinkichi Yamasaki (10-11-1959)..... Yamasaki Family
 Rev. Guzei Nishii (10-25-1959).....Nishii Family
 Nobuzo Kida (10-22-1961) James Kida
 Katsue Takashima (10-17-1962) Wilbur Takashima
 Tsuneichi Hirata (10-20-1963) Katsi Hirata
 Otoshichi Ochi (10-19-1965)..... Janet Ochi-Fontanott
 Kazue Himaka (10-5-1966)..... Himaka Family
 Tsuneichi Sameshima (10-11-1966)..... Takashi Sameshima
 Kanzo Okuni (10-11-1967) Akira Okuni
 Koichi Fujii (10-19-1967) Katsumi Kida
 Zentaro Asamen (10-7-1971)..... Masako Uyeji
 Toshino Hamano (10-8-1972)Emiko Hamano
 Takeshi Monji (10-5-1974).....Monji Brothers
 Tomoyo Kuwada (10-31-1976) Kanji Kuwada
 Fukuyo Matsumoto (10-9-1977)..... Shintaro Matsumoto
 Mitsuye Sugioka (10-23-1977)..... Sugioka Family
 Ume Tsurudome (10-1-1979) Tsurudome Family
 Koton Takahashi (10-11-1980)..... Ruth Voorhies
 Kasuke Hashiguchi (10-28-1980) Hashiguchi Family
 Sam Sugita (10-7-1981).....Gene Sugita
 Gen Iwasaki (10-18-1981)..... Yayoi Kubota
 Mine Imai (10-25-1981) Fumiko Ohara
 Katsu Yamaguchi (10-4-1983)..... Yamaguchi Family
 Matsu Kusaka(10-3-1984)..... Patricia Kusaka
 Hatsu Shibata (10-22-1987).....Ishikawa Family

DECEASED

Family Member

Shimako Hanaoka (10-22-1987)..... Kaeko Hanaoka
 Roy Hosaka (10-10-1988)Hosaka Family
 Fujiye Ochi (10-1-1989)..... Janet Ochi-Fontanott
 Haruye Tsuneyoshi (10-15-1989)Miki Tsuneyoshi
 Ritsuko Abe (10-8-1990)Walter Gilday
 Michiye Kuroiwa (10-22-1995)..... Sonoko Kuroiwa
 Muto Kawahara..... Takeshi & Yoshito Kawahara
 Helen Haruyo Kawahara..... Takeshi & Yoshito Kawahara
 Charley Torio (10-21-1996) Betty Torio
 Jimmie Shinohara (10-6-1997)Janice Shinohara
 Tomi Yada (10-28-1997)..... Itsuko Yada
 Aiko Tachiki (10-28-1998) Tachiki Family
 Tadashi Yano (10-6-1999) Tamako Yano
 Chiseko Oya (10-25-1999)..... Ayako Linda Seu
 Haruno Mayekawa (10-19-2000) Ahren Mayekawa
 Minoru Takasugi (10-16-2001)..... Takasugi Family
 Nancy Tsukiko Imai (10-22-2001)..... Fumiko Ohara
 Toyoko Yonekura (10-1-2003)..... Roy Yonekura
 Tsuruko Louise Osaki (10-27-2003)..... Gail Furuya
 Emi Himaka Shimizu (10-13-2004) Gordon Shimizu
 Ayako Kaminaka (10-21-2004) Wayne Kaminaka
 Frank Doi (10-7-2006) Doris Doi
 John Inouye (10-16-2006)Craig Inouye
 Aiko Muraoka (10-08-2007) Roy Muraoka
 Takashi Mayumi (10-11-2008) Mitsuko Kawamoto
 Tom Tamotsu Sugioka (10-6-2010) Dennis Sugioka
 Yusaku Kuroiwa (10-31-2010) Sonoko Kuroiwa
 Tatsuo Richard Takashima (10-21-2011) ... Kikuko Takashima
 Robert Susumu Sasaki (10-19-2013) Gail Slemmon
 Raymond J. Sakow (10-5-2014)..... Toshiko Sakow
 Kimiye Date (10-29-2014) Shirley Umekubo
 Teruko Hobbs (10-20-15).....James N. Hobbs

M E M O R I A L S E R V I C E S

MEMORIAL SERVICES allow us to pay homage to loved ones who have passed away. In our Jodo Shinshu tradition, family members hold a service at certain intervals following a relative's death to express gratitude for and acknowledge their continuing influence in our lives. If you wish to schedule a memorial service for a loved one, please call office Tues-Fri.

2018 is the memorial year for those who passed away in:

1st Year Memorial	2017	13th Year Memorial	2006	27th Year Memorial	1992
3rd Year Memorial	2016	17th Year Memorial	2001	33rd Year Memorial	1986
7th Year Memorial	2012	25th Year Memorial	1994	50th Year Memorial	1969

マウンテンビューー仏教会「回向」
二〇一八年一〇月法話

暖かい眼差し

あた まなきの
駐在開教使 向嶋裕史

先月、夏休みを終えて、家族と一緒日本から帰ってきました。一年ぶりに過ごした日本の家族との時間を惜しみつつ、名古屋空港で両親と別れたのですが、母親は涙を浮かべながら私達が見えなくなるまですつと見送っていました。両親との再会は最高にうれしいのですがこの瞬間を迎えなくてはならぬのがいつもつらく耐えがたいものです。涙で潤んだ母親の眼差しは忘れられませんが。

実は今年、二人の子供を日本の学校に行かせるために妻と子供達を私より一カ月ほど早く日本に帰らせたのですが、空港で別れを告げて妻子の後姿を見送る瞬間は、しばしの別れといえず、とても悲しく感じました。ちょうどその時、私の隣でも同じように幼い兄妹二人を見送る若いお母さんがいました。幼い二人は夏休みを利用して日本で暮らす祖父母の家に遊びに行くようでお母さんから「気をつけて行くよ。日本に着いたらすぐ電話してちょうだいよ」と言いながら二人を強く抱き締めていました。しかし、そんな母親の心配をよそに、幼い兄妹はお母さんの手を振り払って「もう遅れるから行くよ。じゃあね、ママ」と笑顔で元氣よくセキュリティゲートを通っていきました。

子供の深い別れに感心していたのですが、別れを惜しむお母さんの方は子供の姿が見えなくなるまで、また見えなくなっても、その場から離れようとはしませんでした。母親と別れた子供達の心は既に日本へ向いていてどこへ行くか、何を買おうか、何して遊ぶか、そんな

楽しい会話で大いに盛り上がっていたことだと思えます。しかし、子を想う親心、愛情というのはどこまでも、どんな時であろうとも、常に子供に向けられていて、たとえ子供達が気づかなくても、親の暖かい眼差しは子供の上から決して離れることはありません。子供達が見えなくなっても、なお子供の後姿を追いかけるようにゲート先を目を細めて見つめていたあの若いお母さんの暖かい眼差しを今でもはつきりと覚えていています。

皆さんは、仏さまの目をはつきりと見られたことがあるでしょうか。仏教では、仏さまの眼を慈眼、もしくは、慈悲の眼と呼んでいます。かなり細い眼をされておられます。皆さんの中には仏さまは眼を閉じておられるのではないかと勘違いをしている方がおられると思いますが、確かに眼は開いておられます。決して眠ってなぞおられません。

眼を大きく見開けば外の世界はよく見えますが、内の世界、つまり、自分の内面的な世界は全く見えません。逆に、眼を閉じると内の世界はよく見えますが、外の世界は見えません。眼を大きく見開いた仏さまも眼を閉じておられる仏さまのお顔は拝見したことがありません。いつも目を細めておられます。これを仏教では「半眼」と呼んでいます。

これは内外一如を見ようという意味で、内だけを見るのではなく、かといって外だけを見るのではなく、内の世界と外の世界を同じように隔たりなく見つめるというこころなのです。これを、慈眼、慈悲の眼といえます。智慧がものに流れていくはたらきが慈悲でありますから、私達の上にあるだけの智慧を注いで下さっているおはたらきが仏さまの慈悲の眼なのです。その眼によつて知らず知らずのうちに私達が育てられ、その光明によつて、私達は導かれています。名もない草に暖かい陽があたるように、子供

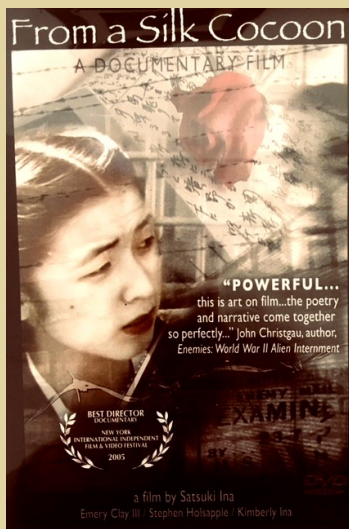
一人ひとりの上に平等に愛情に満ちた暖かい親の眼が注がれているのです。

これを母親と赤ん坊にたとえて言えば、赤ん坊が「マミー」と言えたのは、「マミー」と呼べるまで教え切れないほどの母親の呼びかけがあったからなのです。今思い返して見れば、私の子供達が「マミー」と呼べるようになったのも、新しいいのちがお腹の中に宿った頃からずっと妻の愛情に満ちた呼びかけがあったからこそ、今の子供達があるのだと思います。つまり、親の愛情によつて子は育つのです。ですから、私達が阿彌陀仏の前で手を合わすことも、「南無阿彌陀仏」のお念仏を申すことも、どれほどのお育てがあったかはかりしることはできません。

お念仏は阿彌陀仏の「お名前」であり、「お呼び声」です。あたかもお念仏を私自ら称えていると思いがちですが、実は阿彌陀仏の導きとお育てによつて、この私が称えさせられていたのです。救わずにはおれないという阿彌陀仏の大慈悲の心が、今ここに「南無阿彌陀仏」となって私達一人ひとりの心に至り届けられているのです。

阿彌陀仏の光明は常に私達一人ひとりを平等に照らし、決して絶えることなくいつまでも導いて下さっています。親なればこそ我が子を放っておくことができない、見捨てることができないという阿彌陀仏の暖かなお慈悲と眼差しに私達のいのちはやさしく包まれていくのです。

日々忙しく生活している私達には、空港での幼い兄妹のように親の愛情に満ちた眼差しに気づくことは難しいかもしれません。しかし、ふと「南無阿彌陀仏」のお念仏が口からほれる時、「決して見捨てはしない」という阿彌陀仏のお呼び声に耳を傾け、お呼び声が私の心に届いて下さっていることを喜ばせていただきます。



SAVE THE DATE

"From a Silk Cocoon"

"From a Silk Cocoon...offers a cautionary tale of homeland security...compelling...stretches beyond the basic facts of the Japanese-American internment experience into the dark and thorny corners of 'perceived military necessity' that is just as frightening and relevant now as it was when it happened...An intimate portrait of a family under siege."

Mark Halverson, Sacramento News & Review

"Children of the Camps"

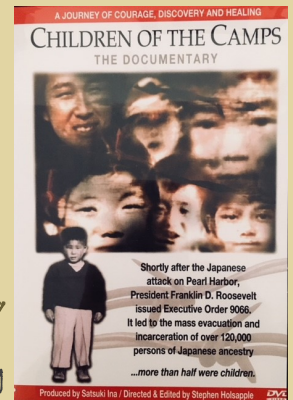
"This film will serve as a valuable tool for many individuals wanting to confront and understand the trauma and stress associated with their internment experience."

Hon. Robert T. Matsui, Member of Congress

Sunday, November 18, 2018

11:30 a.m., in the Annex Hall

2 Short films by Satsuki Ina



The two films with lunch will be offered for \$15. Purchase tickets in the office. For questions contact BTSD at 619-239-0896

BTSD IS RECEIVING DHARMA WHEEL FROM CLEVELAND BUDDHIST TEMPLE

The Buddhist Temple of San Diego is receiving a treasured gift.

For over 50 years, a large Dharma Wheel emblem with the wisteria crest of our Jodo Shinshu Hongwanji tradition has adorned the outdoor entrance of the Cleveland Buddhist Temple (CBT). Recently, CBT had to sell its property in Euclid, Ohio, and the Sangha placed an announcement in the Wheel of Dharma publication hopeful that another BCA affiliate temple could use this beautiful symbol on its building.

BTSD responded to the request.

To show our appreciation towards the Cleveland temple, BTSD will be accepting monetary donations from the Sangha to thank the Cleveland Buddhist Temple for its wonderful gift. Your contribution may be given in the amount you feel most appropriate for your comfort level of giving. Gifts may be made in the form of cash, check or credit card. Please make your check payable to BTSD. We will be accepting donations through the end of October. Please write CBT on the bottom left hand corner of the envelope.

At its August meeting, the Board of Directors approved to appropriate funds to cover fees to have the emblem removed from the CBT building, crated and shipped to San Diego.

When the Dharma Wheel arrives, the emblem will be installed onto the BTSD building, proudly symbolizing our Shin Buddhist tradition and keeping alive a precious gift from CBT.

The Cleveland Temple is now renting space at the First Unitarian Church of Cleveland in Shaker Heights, Ohio. With a very small membership, CBT will rely on



donations to keep its doors open as it continues to spread Shin Buddhism in the region.

Your gift will be received with the deepest amount of appreciation and gratitude. Thank you very much for your consideration.

In Gassho,
BTSD Board of Directors

The Vista Buddhist Temple Invites You to: From Practical Buddhism to Truth Level Buddhism

Saturday, October 20, 2018, 1-3:30 p.m.

With Rev. Marvin Harada

This seminar is free to all participants and is sponsored by the Southern Dist. Buddhist Ed. Com.

To obtain a headcount, we ask that you **register by email or phone** at vbt@vbtemple.org or 760-941-8800 with your name, temple, email or phone and number of other attendees.

150 Cedar Road, Bldg. B, Vista, CA 92083

BINGO UPDATE

Join us for the next BTSD/VFW Bingo Night

In the Annex Hall on October 6 at 6:00 p.m.

Buy-in for BINGO is \$10 for the 12-game session.

Support the temple and enjoy an evening of BINGO.

SAVE the DATE for November 10 for our next Beef Chili Benefit Dinner. Tickets are available at the October Bingo Night or in the temple office.