



Basic Topics

Buddhism 1-2-3

Meditation

Chanting

Q & A

Wednesday Evenings – Low-Key, Friendly

Buddhism 1-2-3

Wednesday evenings at 7 p.m. we meet informally to discuss a basic Buddhist concept. Each Wednesday is a new topic with meditation, chanting, and plenty of time for Q&A. Done by 8:30 p.m. Park in our offstreet lot; join us in the one-story Sangha Hall.

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**Check website for current schedule
Presented by Buddhist Education Committee, Buddhist Temple of San Diego**